

ALREADY A REGISTERED ORGAN DONOR?

That's **AWESOME**... but, did you know that there's
MORE you can do **RIGHT NOW**?

Like, today?

Think about it as **S T A G E S** ...

- **S**HARE – your registered organ donor status on social media. The more people who know you wish to be a donor, the better! And remember to use the tag **#EVERYDAYSUPERHERO**
- **T**ALK – tell everyone you know that you are a registered organ donor. If the time comes, the doctors will ask your family and friends.
- **A**SK – everyone you know whether or not they are a registered organ donor.
- **G**IVE BLOOD – one thing you can do many, many times... do you know how many lives you could save with just your blood?!
- **E**XERCISE & EAT WELL – keep your body strong and healthy so that if you meet an early demise, your organs can keep on living!
- **S**UPPORT - organ donor advocacy organizations like **GODEN** with your time and/or money.



Contact GODEN to find out how you can help save lives in your own community and to connect with other people and organizations working to keep transplant wait times short by increasing organ donation info@godenonline.org. This is a global challenge that we can solve together, one conversation at a time.